



# MCMH + Clinics Cafeteria

## WEEK FOUR MENU

	Lunch	Supper
<b>Monday</b>	Café: Build Your Own Hot Dog Braised Beef Tips, Honey Mustard Chicken Mashed Potatoes w/Gravy, Tater Tots Asparagus, Cauliflower	
<b>Tuesday</b>	Café: Baja Chicken Sandwich(PJC, Guac, Bacon) & Jalapeno Poppers Chili Lime Salmon, Oven Roasted Pork Chop Spanish Rice, Potatoes O'Brien Corn, Broccoli	
<b>Wednesday</b>	Café: Caprese Pesto Flatbread (V) Cowboy Meatloaf, Chicken and Noodles Mashed Potatoes w/Gravy, Wedges Country Green Beans, Fried Cabbage	
<b>Thursday</b>	Café: Tuna Melt & Fried Pickles Beef and Broccoli, Cajun Chicken Alfredo, Fried Rice, Garlic Bread Stir Fry Vegetable, Zucchini	
<b>Friday</b>	Café: Baked Potato Bar Fried Pork Chop, Soy Glazed Cod Baked Potato, Steamed Rice California Blend, Honey Glazed Carrots	
<b>Saturday</b>	Spaghetti w/Meatsauce, Monterey Chicken Garlic Bread, Roasted Baby Potatoes Green Beans, Squash	
<b>Sunday</b>	Swedish Meatballs, Grilled Turkey/Swiss Buttered Egg Noodles, Fries Peas, Tomato Soup	